

Become a Hunger Hero and fight food insecurity

## February 27 – April 9

Wellstone Center and Francis Basket Food Markets

Neighborhood House Food Markets serve individuals from many parts of the world, that is why we stock multicultural and healthy groceries. Below is our "Wish List" of items that families need most.

Shelf-stable staples:	Culturally Specific Items:
□ Rice	☐ Canned bamboo
☐ Flour	☐ Rice noodles
□ Oil	☐ Rice flour
□ Sugar	$\square$ Corn flour (masa, maseca)
☐ Honey	☐ Dry beans (black or pinto)
☐ Canned tuna	☐ Canned chilies (chipotle, jalapeño,
☐ Canned chicken	green chilies)
□ Oatmeal	$\square$ Nopales (jarred cactus)
□ Ramen	☐ Dates
☐ Coffee (ground beans)	☐ Dried fruits
□ Tea	□ Nuts
☐ Cereal	$\square$ Canned beets
☐ Peanut butter	☐ Fish sauce
☐ Soups (canned)	$\square$ Soy sauce
☐ Pasta	☐ Canned coconut milk
	☐ Curry paste
Household/hygiene produ	Cts:
☐ Toothpaste	
☐ Dish soap	
☐ Bar soap	
☐ Laundry detergent	Contact fooddrive@neighborhoodhousemn.org
□ Toilet paper	to arrange a drop off date and times.
□ Paper towels	•

## The Wellstone Center

179 Robie Street East St. Paul, MN 55107 **Monday - Friday** 

9 –12 p.m. & 1 – 4 p.m.

Neighborhood House neighborhoodhousemn.org

## **Highland / Sibley Manor**

1293 Maynard Drive #410 St. Paul, MN 55116

**Monday:** 9 – 11:30 a.m. **Tuesday & Thursday:** 9 –11:30 a.m. & 1 – 3:30 p.m.