



# MARCH Food DRIVE ● 2023



**Become a Hunger Hero and fight food insecurity**

## February 27 – April 9

**Wellstone Center and Francis Basket Food Markets**

Neighborhood House Food Markets serve individuals from many parts of the world, that is why we stock multicultural and healthy groceries. Below is our "Wish List" of items that families need most.

### Shelf-stable staples:

- ☐ Rice
- ☐ Flour
- ☐ Oil
- ☐ Sugar
- ☐ Honey
- ☐ Canned tuna
- ☐ Canned chicken
- ☐ Oatmeal
- ☐ Ramen
- ☐ Coffee (ground beans)
- ☐ Tea
- ☐ Cereal
- ☐ Peanut butter
- ☐ Soups (canned)
- ☐ Pasta

### Household/hygiene products:

- ☐ Toothpaste
- ☐ Dish soap
- ☐ Bar soap
- ☐ Laundry detergent
- ☐ Toilet paper
- ☐ Paper towels

### Culturally Specific Items:

- ☐ Canned bamboo
- ☐ Rice noodles
- ☐ Rice flour
- ☐ Corn flour (masa, maseca)
- ☐ Dry beans (black or pinto)
- ☐ Canned chilies (chipotle, jalapeño, green chilies)
- ☐ Nopales (jarred cactus)
- ☐ Dates
- ☐ Dried fruits
- ☐ Nuts
- ☐ Canned beets
- ☐ Fish sauce
- ☐ Soy sauce
- ☐ Canned coconut milk
- ☐ Curry paste
- ☐ Canned sardines (in oil)

**Learn  
More**



**Contact [fooddrive@neighborhoodhousemn.org](mailto:fooddrive@neighborhoodhousemn.org) to  
arrange a drop off date and times.**



**Neighborhood  
House**

**[neighborhoodhousemn.org](http://neighborhoodhousemn.org)**

**The Wellstone Center    Highland / Sibley Manor**

179 Robie Street East  
St. Paul, MN 55107

**Monday - Friday**  
9 – 12 p.m. & 1 – 4 p.m.

1293 Maynard Drive #410  
St. Paul, MN 55116

**Monday: 9 – 11:30 a.m.**