

# Food Market

## ● Wish List ●

### Shelf-stable staples:

- ☐ Rice
- ☐ Flour
- ☐ Oil
- ☐ Sugar
- ☐ Canned tuna
- ☐ Canned chicken
- ☐ Oatmeal
- ☐ Coffee (ground beans)
- ☐ Tea

### Culturally specific items:

- ☐ Canned bamboo
- ☐ Rice noodles
- ☐ Rice flour
- ☐ Corn flour (masa, maseca)
- ☐ Dry beans (black or pinto)
- ☐ Canned chiles (chipotle, jalapeño, green chilies)
- ☐ Nopales (jarred cactus)
- ☐ Dates
- ☐ Fish sauce
- ☐ Soy sauce
- ☐ Canned coconut milk
- ☐ Curry paste
- ☐ Canned sardines

### Miscellaneous:

- ☐ Paper shopping bags with handles, not ripped
- ☐ Plastic shopping bags in good condition
- ☐ Reusable bags, in good condition
- ☐ Gallon Ziploc Bags

### Donations can be accepted at the following:

#### **Wellstone Food Market**

179 Robie St, Saint Paul

651-789-3630

**Mondays-Fridays | 9 am – 12 pm and 1 – 4 pm**

*Drive around to the back of the Wellstone Center and call 651-789-3630 and someone will come out and assist you.*

#### **Francis Basket Food Market**

(located in Sibley Manor Apartments)

1293 Maynard Dr #410, Saint Paul

**Mondays | 9 – 11:30 am**

**Tuesdays and Fridays | 9 – 11:30 am and 1 – 1:30 pm**

*Park in the spaces in front of the apartment building. When you arrive at the Francis Basket Food Market, ring the doorbell and our staff will assist you.*