



MARCH 1-APRIL 6, 2026

# MARCH FOOD DRIVE

## TOP NEEDS SHOPPING LIST

- |  |  |
|--|--|
| <input type="checkbox"/> Oil                 | <input type="checkbox"/> Canned Chicken            |
| <input type="checkbox"/> Flour               | <input type="checkbox"/> Canned Sardines           |
| <input type="checkbox"/> Sugar               | <input type="checkbox"/> Coffee                    |
| <input type="checkbox"/> Rice                | <input type="checkbox"/> Tea                       |
| <input type="checkbox"/> Peanut Butter       | <input type="checkbox"/> Shelf Stable Juice        |
| <input type="checkbox"/> Oatmeal             | <input type="checkbox"/> Bar Soap                  |
| <input type="checkbox"/> Spices & Seasonings | <input type="checkbox"/> Toilet Paper              |
| <input type="checkbox"/> Dry Beans           | <input type="checkbox"/> Paper Towels              |
| <input type="checkbox"/> Pinto Beans         | <input type="checkbox"/> Menstrual Products (pads) |
| <input type="checkbox"/> Black Beans         | <input type="checkbox"/> Deodorant                 |
| <input type="checkbox"/> Garbanzo Beans      | <input type="checkbox"/> Toothpaste                |



Visit <https://bit.ly/mfd2026> or scan the QR code to see the full list of events and support March Food Drive.



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**MARCH  
FOOD DRIVE**

# HUNGER & FOOD FACTS



In 2025, Minnesotans made over **9 million** visits to food shelves, which is the second record-breaking year in a row.



**1 in 5** Minnesota households experience food insecurity and cannot afford the food they need.



Approximately 1 in 10 adults and 1 in 5 children in Ramsey County are food insecure.



Food insecurity is present in all 87 Minnesota counties, but is highest in the counties of Mahnommen, Ramsey, Beltrami, and Blue Earth.



In 2025, we distributed about **83,000** pounds of fresh produce at 32 free, outdoor Fresh Produce Distribution events.



**20%** of households rely on the emergency food system.

With bulk purchasing power, Neighborhood House can purchase **2.5 to 6 times** the amount of food compared to normal grocery store prices for our top needs items.



Through our two free Food Markets, Neighborhood House distributes almost **100,000** pounds of food to approximately **1,500** households each month.